



The following rules & regulations have been implemented for the benefit and safety of all track users. Thank you for your adherence and cooperation.

1. Always run in a counterclockwise direction.
2. **Lanes 1 and 2** are for the fastest runners. **Lanes 3 through 5** are for moderately fast runners, and the **outermost lanes** are for slow joggers, walkers or runners doing their warm-up or cool-down routines.
3. If a faster runner comes up behind you and wants to pass, they will call out, "TRACK." This is your cue to please move to the right.
4. When passing someone, always give plenty of warning time. Call out, "TRACK," wait for them to move, and continue in your lane.
5. Please be considerate of other runners. If you are on lanes 1 or 2 but are not necessarily running at a high speed, please move on to another lane if someone working out at a higher speed arrives at the track. Likewise, if you need to make a request from another runner, please do so in a respectful and polite manner.
6. Never stand still on the track. If you need to stop or take a break, while running, please move out-of-the-way and allow other runners to continue.
7. Always look both ways before crossing the track.
8. If you are using headphones, please make sure you can hear other runners around you.
9. Under no circumstances are animals allowed on the track.
10. Children are not allowed to run freely on the track, and they MUST always be accompanied by an adult.
11. Items on wheels such as bicycles, scooters, roller blades, etc. are not allowed on track.
12. **Personal coaches or trainers are not allowed to use this facility.**

FOR QUESTIONS OR GROUP RESERVATIONS, PLEASE CALL:

(305) 237- 2383 or (305) 237- 0618
(Monday - Friday / 8:00am - 4:30pm)
Events & Rentals Department