

GENERAL INFORMATION				
Course Prefix/Number: CLP2140		Course Title: Ab	normal Psychology	
Number of Credits: 3 credits				
Degree Type	□ В.А. □	B.S. B.A.	.s \nearrow A.A. \square A.S. \square A.A.S.	
	☐ C.C.C. ☐	A.T.C. V.C.C		
Date Submitted/Revised: 1/6/12	Effective Year/Term: 2012-1			
☐ New Course Competency				
Course Description (limit to 50 words or less):				
This course examines the major categories of mental disorders and their diagnostic criteria and treatments. Students will analyze the impact of mental disorders on individuals, families, and society and the impact of cultural factors, public attitudes, community resources, ethical issues, and legislation on the diagnosis and treatment of mental disorders. (3 hr. lecture)				
Prerequisite(s): PSY2012			Corequisite(s):	

Competencies:

Competency 1:

The student will demonstrate knowledge of the foundations of abnormal psychology by:

- 1. Defining the term abnormal behavior as used in the science of psychology
- 2. Describing the major historical views of abnormal behavior from ancient times to the modern era
- 3. Identifying cultural beliefs and attitudes about abnormal behavior.

Competency 2:

The student will explain the classification and assessment of abnormal behavior by:

- 1. Explaining the purpose and structure of the Diagnostic and Statistical Manual of Mental Disorders
- 2. Describing reliability, validity and sociocultural factors in the assessment of abnormal behavior.
- 3. Comparing the relative merits of the standard modes of assessing abnormal behavior.
- 4. Explaining the effects of culture and language on the assessment of abnormal behavior.

Competency 3:

The student will demonstrate knowledge of the categories of abnormal behavior by:

- 1. Listing the major disorders including: generalized anxiety disorders and phobias; panic disorders, obsessive-compulsive disorders, and stress disorders; mood disorders; psychosocial factors in physical disorders; eating disorders; substance-related disorders; sexual disorders and gender identity disorder; schizophrenia; disorders of memory and other cognitive functions; personality disorders; and disorders of childhood and old age.
- 2. Describing the defining characteristics of each listed disorder.

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Competency 4:

The student will review the theoretical perspectives as to the origins of the major categories of abnormal behavior based on current research by:

- 1. Explaining the psychodynamic perspective.
- 2. Explaining learning perspectives.
- 3. Explaining cognitive perspectives
- 4. Explaining biological perspectives.
- 5. Explaining sociocultural perspectives.

Competency 5:

The student will investigate primary modes of treating abnormal behavior by:

- 1. Listing the common modalities used in treatment.
- 2. Describing the central premise behind each mode of treatment.
- 3. Exploring the relative merits of the various treatment approaches.

Competency 6:

The student will examine abnormal behavior in a social context by:

- 1. Discussing behavior that might constitute a danger to others.
- 2. Distinguishing between the rights of an individual and the protection of society.
- 3. Exploring an individual's right to treatment as well as a right to refuse treatment.
- 4. Describing the Baker Act, the Meyer's Act and the concept of deinstitutionalization.
- 5. Explaining the issues relating to the insanity defense.
- 6. Describing the impact of mental disorders on individuals, family and society.

Competency 7:

The student will be able to apply knowledge of abnormal psychology by:

- 1. Relating course content to personal and family experience.
- 2. Demonstrating an understanding of the role the caregiver
- 3. Relating the course content to the work place and employee assistance programs.
- 4. Explaining relevant current events from the perspective of abnormal psychology.
- 5. Examining relevant historical events and historical figures from the perspective of abnormal psychology.

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