

GENERAL INFORMATION					
Course Prefix/Number: PSY2012	Course Title: Introduction to Psychology				
Number of Credits: 3 credits					
Degree Type	\square B.A. \square B.S. \square B.A.S \bigtriangledown A.A. \square A.S. \square A.A.S.				
Date Submitted/Revised: 1/5/12	Effective Year/Term: 2012-1				
New Course Competency Revised Course Competency					
Course Description (limit to 50 words or less):					
This course provides an overview of the field of psychology. Students will learn about the biological and environmental bases of behavior, and theories and concepts in such areas as personality, intelligence, learning, motivation, emotions and mental illness. Students will increase their knowledge about the brain-body connection and applied neurosciences. (3 hr. lecture)					
Prerequisite(s):	Corequisite(s):				

Competencies:

Competency 1:				
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The student will demonstrate knowledge of psychology as an academic discipline and profession by:

- 1. Describing the historical development of psychology
- 2. Comparing the educational background, training, and professional activities of various mental health practitioners
- 3. Identifying various methods of scientific inquiry used in psychology

Competency 2:

The student will explain the various theories of personality and human behavior by:

- 1. Differentiating psychoanalytic/psychodynamic, trait, behavioral, social-cognitive, humanistic, biological and other theories
- 2. Describing the influence of culture on personality
- 3. Identifying major mental illness categories and specific psychological disorders
- 4. Differentiating among various forms of treatment for psychological disorders

Competency 3:

The student will review biological bases of human behavior by:

- 1. Identifying related structures and processes of the brain and the nervous system including recent findings in neurosciences
- 2. Explaining the senses and how they function
- 3. Discussing the nature/nurture controversy and its effects on human behavior
- 4. Identifying connections between health and stress

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Reviewed By Director of Academic Programs Date: ____



Competency 4:

The student will investigate the cognitive aspects of human behavior by:

- 1. Discussing the concept of consciousness and altered states of consciousness
- 2. Describing the various theories of learning, memory, and intelligence and their influence on
- 3. Relating how language and thinking affect human behavior

Competency 5:

The student will explore other influences on human behavior such as motivation, emotion, and group membership by:

- 1. Acquiring concepts regarding such influences
- 2. Identifying physical determinants of such behavior
- 3. Examining psychological determinants of such behaviors