

Save lots on lab work!

In-network lab benefits

There's a smart way to save at your next doctor's visit that you may not even know about: Lab work. With your Aetna plan, you can save big on testing and other lab services. All you have to do is be sure your testing is sent to labs that are in the Aetna network, such as Quest Diagnostics®.

But remember — when your doctor refers you for lab work, he or she may or may not know which lab will save you the most. By knowing which labs are in your health plan's network *before* you go, you can share the news with your doctor.

Ask your doctor to only use in-network labs, and pay less.

Here's how it works

There are two ways to save on labs — every time you need them.

- If your doctor is collecting your sample in the office: Ask him or her to send your testing to a participating lab.
- If your doctor is sending you outside the office to collect your sample: Ask him or her to give you a *lab requisition form* to a participating lab. This normally means that the lab is in Aetna's network. But it's always a good idea to call Aetna at the number on your ID card to make sure.

Look how much you can save!

Just look at how the savings add up for this patient who needs one lab test done four times a year.*

| | IN-NETWORK LAB | IN-NETWORK HOSPITAL LAB | OUT-OF-NETWORK LAB |
|-------------------|----------------|-------------------------|--------------------|
| Cost of lab tests | \$30.00 | \$60.00 | \$300.00 |
| Patient's copay | x20% | x20% | x40% |
| Patient pays | \$6.00 | \$12.00 | \$120.00 |

*Aetna Strategic Contract Manager, 2009. Based on a patient whose deductible has already been met. Data is not representative of hospitals that have a separately negotiated laboratory agreement.

Don't forget to ask
your doctor about
in-network labs!

The in-network advantage

Remember to ask your doctor to use in-network labs to enjoy these benefits:

- **Convenient hours:** Some labs, such as Quest Diagnostics (www.questdiagnostics.com), offer online appointment scheduling 24/7 — which moves you straight to the front of the line when you arrive.
- **Lower prices:** Lower your out-of-pocket costs and put the savings where they belong — in your pocket.
- **Many locations:** With thousands of locations nationwide, it's easy to find one close to your job, home or doctor's office.
- **Skilled staff:** Locations are staffed with professionals to help you with all your lab needs.
- **Reminders:** Some labs, such as Quest Diagnostics, will send out e-mail reminders to help you stay on top of your appointments and your health.

Finding an in-network lab is easy

It's a good idea to get familiar with the lab locations near you — before you need them. Here's how:

1. Visit www.aetna.com.
2. Go to "Find a doctor."
3. Enter your location details.
4. Choose "Facilities" under "Provider Category."
5. Choose "All Other (labs, radiology centers, etc.)" under "Provider Type."



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