

# Miami Dade College InterAmerican Campus Library

## Monthly Celebrations

Here is a list of other important celebrations for the Month of February with a brief annotation.

<b>National Black History Month</b>	Feb 1-28. Traditionally the month containing Abraham Lincoln's birthday (Feb 12) and Frederick Douglas's presumed birthday (Feb 14). Observance of a special period to recognize achievements and contributions by African American dates from February 1926, when it was launched by Dr. Carter G. Woodson. <i>2006 theme: Celebrating Community: Black Fraternal, Social and Civic Instructions.</i> Various designed Negro History, afro-American History, African-American History, the observance period was initially one week, but since 1976 the entire month of February. Web: <a href="http://www.asalh.org">www.asalh.org</a>
<b>National Girls and Women in Sports Day</b>	Feb 1. Celebrates and honors all girls and women participating in sports. Recognizes the passage of Title IX in 1972, the law that guarantees gender equality in federally funded school programs, including athletics. Sponsored by the American Association of University Women, Girls and Women in Sports, the National Women's Law Center, the Women's Sports Foundation, Eisenhower Park. Web: <a href="http://www.NGWSDcentral.com">www.NGWSDcentral.com</a>
<b>Relationship Wellness Month</b>	Feb1-28. Recapture the spark and zeal of personal relationships. Rekindle the flame with your partner or spouse. Get close, communicate, laugh, love and live. This is a time of forgiveness, harmony and trust. Set new goals as a couple, and establish relationship priorities. Go out on a date once a week. Be irresistible. Be patient. Seek forgiveness. Avoid nagging and complaining. Give bear hugs and gentle kisses. Web: <a href="http://www.WordsofWellness.com">www.WordsofWellness.com</a>
<b>Women's Heart Week</b>	Feb 1-7. Women's Heart Foundation's nationally recognized program to raise awareness about the number one killer of American women: heart disease. The program introduces fun activities to promote healthier living. View the Women's Heart Week Video online at <a href="http://www.womensheart.org">www.womensheart.org</a> The turnkey program is designed for health sites around the country to commemorate using the 7 Focus Days for women's heart wellness and provide early intervention using the Women's Aware Kit. The kit includes a risk assessment tool, symptoms awareness brochure and health tracker card. For info: Women's Heart Foundation, PO Bo 7827, West Trenton, NJ 08628. Phone: (609) 771-9600. Fax: (609) 771-3778. E-mail: <a href="mailto:info@womensheart.org">info@womensheart.org</a> . Web: <a href="http://www.womensheart.org">www.womensheart.org</a>
<b>American Heart Month</b>	Feb. 1-28. During this month, the American Heart Association will focus on women with "Go Red for Women," an educational movement about women and cardiovascular disease. Each year cardiovascular diseases claim the lives of nearly 500,000 women. Web: <a href="http://www.americanheart.org">www.americanheart.org</a>

<b>Freedom Day</b>	Feb. 1, 1865. Anniversary of President Abraham Lincoln's approval of the 13 <sup>th</sup> Amendment to the US Constitution (abolishing slavery): "Neither slavery, nor involuntary servitude, except as a punishment for crime whereof the party shall have been duly convicted, shall exist within the United States or any place subject to their jurisdiction. 2. Congress shall have power to enforce this article by appropriate legislation." The amendment had been proposed by Congress Jan. 31, 1865; ratification was completed Dec. 6, 1865.
<b>Greensboro Sit-in: Anniversary</b>	Feb. 1, 1960. Commercial discrimination against black and other minorities provoked a nonviolent protest. At Greensboro, NC, four students from the Agricultural and Technical College (Ezell Blair, Jr, Franklin McCain, Joseph McNeill and David Richmond) sat down at a Woolworths store lunch counter and ordered coffee, Refused service, they remained all day. The following days similar sit-ins took place at the Woolworths' lunch counter. Before the week was over they were joined by a few white students. The protest spread rapidly, especially in Southern states. More than 1,600 people were arrested before the year was over for participating in sit-ins. Civil rights for all became a cause for thousands of students and activists. In response, equal accommodation regardless of race became the rule at lunch counters, hotels and business establishments in thousands of places. Web: <a href="http://www.sitins.com/index.shtml">http://www.sitins.com/index.shtml</a>
<b>Library Lover's Month</b>	Feb1-28. A month long celebration of school, public and private libraries of all types. This is a time for everyone, especially library support groups, to recognize the value of libraries and to work to ensure that the nation's libraries will continue to serve. Web: <a href="http://www.librarysupport.net/librarylovers/">www.librarysupport.net/librarylovers/</a>

For other celebrations during the month of February, please visit [University of California's Calendar](http://espanol.ucanr.org/Calendario/February_2006.htm) at [http://espanol.ucanr.org/Calendario/February\\_2006.htm](http://espanol.ucanr.org/Calendario/February_2006.htm)

*Always remember that your InterAmerican Campus Library is the best place to obtain information on the month's celebrations. Ask a librarian for assistance.*

\*Most of the information in this page came from the *Chase's Calendar of Events, 2006*, also available in print in your library.