

Miami Dade College InterAmerican Campus Library

Monthly Celebrations

Here is a list of other important celebrations for the Month of October with a brief annotation.

Computer Learning Month	Oct. 1- 31. A month long focus of events and activities for learning new uses of computers and software, sharing ideas and helping others gain the benefits of computers and software. Numerous national contests are held to recognize students, educators and parents for their innovative ideas. Web: www.computerlearning.org
Diversity Awareness Month	Oct. 1- 31. Celebrating, promoting and appreciating the diversity of our society. Also, a month to foster and further our understanding of the inherent values of all races, genders, nationalities, age groups, religions, sexual orientations, classes and physical disabilities. Web: http://www.kn.pacbell.com/wired/fil/pages/listreadingre8.html
Emotional Wellness Month	Oct. 1- 31. Get more out of every day with laughter and enjoyment. This is a time to reduce stress and seek moderation in mood swings. Balance your activities to support your emotional state, and keep your positive attitude in check. Take an anger management course to learn to control explosive tempers. Web: www.wordsofwellness.com
Hispanic Heritage Festival	Oct. 1- 31. Dade County, Miami, Fl. A series of special, cultural, educational and sporting events to celebrate and enhance Hispanic culture and traditions. Web: www.hispanicfestival.com
Lupus Awareness Campaign	Oct. 1 – Nov. 15. To promote public awareness of lupus symptoms to aid in early diagnosis and treatment of this disease. Web: www.lupus.org
National Breast Cancer Awareness Month	Oct.1-31. Entering its second decade of public and professional education and awareness. This month is promoted by 19 major national non-profit cancer organizations to ensure that the media and communities everywhere focus a spotlight on the problem of breast cancer. Web: www.nbcam.org
National Disability Employment Awareness Month	Oct. 1 -31. To foster the full integration of people with disabilities into the workforce. Web: www.dol.gov/odep
National Medical Librarians Month	Oct. 1 -31. Recognizes and celebrates the importance and achievements of health sciences information professionals. Medical Librarians offer efficient access to quality print and online medical and health-related information within a wide variety of health care settings. Web: www.mlanet.org
Eat Better, Eat Together Month	Oct 1-31. Time to encourage families to eat together. Research indicates that children who eat with their families not only have better nutrition, but they do better in school and have fewer behavior problems. A tool kit has been created to show how family meals can be simple, easy and nutritious. Web: http://nutrition.wsu.edu/nen/

Gay and Lesbian History Month	Oct 1-31. October was selected to commemorate the first two lesbian and gay marches on Washington on October 1979 and 1987. Web: http://www.glbtc.com/social-sciences/marches_washington.html
German American Heritage Month	Oct 1-31. A month celebrating America's German Heritage. Numerous historical programs, museum and library exhibits, cultural events, genealogical workshops and more planned. For info: Dr. Don Heinrich Tolzmann, Dir, German-American Studies Program, 806 Blegen Library, Univ of Cincinnati, PO Box 210113, Cincinnati, Oh 45221-0113. Phone: (513) 556-1955. Fax: (513) 556-2113. E-mail: don.tolzmann@uc.edu . Web: http://www.germany-info.org/relaunch/culture/ger_americans/ger_americans.html
National Crime Prevention Month	Oct 1-31. During Crime Prevention Month, individuals can commit to work on at least one of three levels-family, neighborhood or community-to drive violence and drugs from our world. It is also a time to honor individuals who have accepted personal responsibility for their neighborhoods and groups who work together for the community's common good. Annually, every October. Web: www.weprevent.org or www.ncpc.org .
National Reading Group Month	Oct 1-31. Reading group members celebrate the joy of a book shared and inspire individuals who do not belong to a reading group to join one or start their own. Organizations, bookstores, and libraries are encouraged to sponsor reading group events during this month. E-mail: mlbwrite@aol.com .
October Is Discover America Month	Oct 1-31. Celebrate the anniversary of Columbus's Discovery of America by visiting a place in the United States, Canada, Mexico or South America between July 1 and October 31. Take a snapshot, write a 50-word description of the scene and submit the image and words to the Second Annual "Discover America Through Post Cards" contest. Winning images will be made into e-postcards and featured on the website www.postcardsfrom.com .
Universal Children's Week	Oct 1-7. To disseminate throughout the world info on the needs of children and to distribute copies of the Declaration of Rights of the child. Web: http://www.unhchr.ch/html/menu3/b/25.htm
Vegetarian Month	Oct 1-31. This educational event advances awareness of the many surprising ethical, environmental, economic, health, humanitarian and other benefits of the increasingly popular vegetarian lifestyle. Web: http://www.salagram.net/veg19.html

For other celebrations during the month of October, please visit [University of California's Calendar](http://espanol.ucanr.org/Calendario/October_2005.htm) at http://espanol.ucanr.org/Calendario/October_2005.htm

Always remember that your InterAmerican Campus Library is the best place to obtain information on the month's celebrations. Ask a librarian for assistance.

*Most of the information in this page came from the *Chase's Calendar of Events, 2005*, also available @ your library.