

NURSING COMPUTER SOFTWARE
Level 2- Semester 3

Nur 2520/ 2520L Psychiatric Nursing/ Clinical Lab

RECOMMENDED FOR ALL COURSES:

- Successful Test-taking Tips for Windows: (Copyright 1998)
Test-Taking Tips for Beginners:
Successful Problem Solving and Test taking for Beginning Nursing Students, Version 1.1: Units 1 and 2 are tutorials covering test taking tips and skills followed by questions with rationales for choices. Units 3, 4, and 5 are more specific to nursing and cover therapeutic communication techniques, selecting priorities, nursing process, nursing skills, and pathology.
Unit 1: Understanding the Question
Unit 2: Test-taking Strategies
Unit 3: Communication questions
Unit 4: Selecting priorities (Maslow's Hierarchy)
Unit 5: Nursing Process

- Lippincott's Complete Nursing Reference: (Copyright 1997)
Consists of 5 textbooks on CD:
 1. The Lippincott Manual of Nursing Practice:
Part I: Nursing Process and Practice
Part II: Medical Surgical Nursing
Part III: Maternal and Neonatal Nursing
Part IV: Pediatric Nursing
Part V: Psychiatric Nursing
Part VI: Appendices
 2. Physical Examination and History Taking
 3. A Manual of Laboratory and Diagnostic Tests
 4. Nursing Care Plans and Documentation
 5. Lippincott's Nursing Drug Guide (1997)

UNIT: Psychobiology

- Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)
Unit 1: Treatment Models and Communication: Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
(Conceptual Models-Biopsychosocial theories and Models, Medical, Psychoanalysis, Erikson's Psychosocial Development, Maslow's Basic Human Needs, Behavioral Therapy Model,

Community Mental Health or Social Model
Treatment Models: Crisis Intervention, Group
Psychotherapy, Family Therapy, Milieu Therapy,
Adjunctive Therapy
Nurse-Client Relations
Effective Communication

UNIT: Mental Health/ Mental Illness

- *Fundamentals of Nursing:*
 - Unit 2:* 15 questions covering Growth and Development and Psychosexual Development
 - Unit 7: Healthy Psychosocial Response-* 32 questions covering Defense Mechanisms, Growth and Development, Death and Dying, Sexuality and Religious Beliefs
- *Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)*
 - Unit 1: Treatment Models and Communication:* Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
(Conceptual Models-Biopsychosocial theories and Models, Medical, Psychoanalysis, Erikson's Psychosocial Development, Maslow's Basic Human Needs, Behavioral Therapy Model, Community Mental Health or Social Model Treatment Models: Crisis Intervention, Group Psychotherapy, Family Therapy, Milieu Therapy, Adjunctive Therapy Nurse-Client Relations Effective Communication

UNIT: Legal Aspects/ Community Mental Health

- *Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)*
 - Unit 4: Organic Mental Disorders, Eating Disorders, Personality Disorders, Violence and Legal Issues*
(Organic Mental Disorders- Delirium, Dementia, Eating Disorders, Personality Disorders (Antisocial, Borderline Personality Disorder, Family Violence, Sexual Assault and Rape, **Legal Aspects of Psychiatric Nursing**): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.

UNIT: The Nurse-Patient Relationship in a Psychiatric Setting

- *Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)*
Unit 1: Treatment Models and Communication: Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
(Conceptual Models-Biopsychosocial theories and Models, Medical, Psychoanalysis, Erikson's Psychosocial Development, Maslow's Basic Human Needs, Behavioral Therapy Model, Community Mental Health or Social Model
Treatment Models: Crisis Intervention, Group Psychotherapy, Family Therapy, Milieu Therapy, Adjunctive Therapy
Nurse-Client Relations
Effective Communication
- *Successful Test-taking Tips for Windows: (Copyright 1998)*
Test-Taking Tips for Beginners:
Successful Problem Solving and Test taking for Beginning Nursing Students, Version 1.1:
Unit3: Communication questions: Review of therapeutic communication techniques followed by questions on topic with rationales.

UNIT: Crisis Intervention

- *Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)*
Unit 1: Treatment Models and Communication: Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
(Conceptual Models-Biopsychosocial theories and Models, Medical, Psychoanalysis, Erikson's Psychosocial Development, Maslow's Basic Human Needs, Behavioral Therapy Model, Community Mental Health or Social Model
Treatment Models: **Crisis Intervention**, Group Psychotherapy, Family Therapy, Milieu Therapy, Adjunctive Therapy
Nurse-Client Relations
Effective Communication
- *PDS Clinical Education Software: (Copyright 1997)*
PDS Clinical Education Software:
Clinical Scenario Content Areas:

Psychiatric Mental Health Nursing Concepts and Skills:
Crisis
Mrs. Rogers: Recently Widowed Case Scenario

UNIT: Anxiety Disorders

- Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series:
(Copyright 1996)
Unit 2 Anxiety Disorders (Panic Attacks, OCD, Phobic
Disorders, Post- Traumatic Stress Disorder,
Somatoform Disorders, Anti-anxiety Agents): Brief
review of topic and treatment followed by questions and
rationales, concludes with a Simulation and Practice test
which includes Practice Tips and rationales.
- PDS Clinical Education Software: (Copyright 1997)
PDS Clinical Education Software:
Clinical Scenario Content Areas:
Psychiatric Mental Health Nursing Concepts and Skills:
Anxiety:
Hannah Kahn: Generalized Anxiety Disorder Case
Scenario
Sally Kershel: Conversion Disorder Case Scenario
David Whitehorn: OCD Case Scenario
Anger, Hostility and Aggression:
Mrs. Robertson: Post Concussion Syndrome Case
Scenario
Withdrawal and Aggression:
Helen Anderson: Agoraphobia Case Scenario
- Nursing Care Plans, Edition 5: (Copyright 1997)
Psychiatric Topics:
Anxiety Disorders:
GAD
Panic Disorders/Phobias
OCD
Posttraumatic Stress Disorder
Somatoform Disorders:
Somatoform Disorders
Nursing care plans by medical diagnosis. Includes
medical diagnosis definition, care, setting, related
concerns; patient assessment database: by systems
and teaching/learning, diagnostic studies, priorities,
discharge goals; nursing diagnosis, with desires
outcomes, actions and interventions with rationales,
potential considerations.

- Pharmacology: (Copyright 1993-1994)
Psychiatric Drugs:
Unit 1: Antianxiety (Anxiolytics): Benzodiazepines, Serotonin Antagonists, Beta Blockers, Sedating Antihistamines, Sedative Hypnotics
Unit2: Antipsychotic Drugs

UNIT: Grief and Loss/Mood Disorders

- Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)
Unit 3: Schizophrenia, Mood Disorders, and Substance Abuse
(Schizophrenia, **Grief, Depression and Suicide, Manic Behavior- Bipolar**, Substance Abuse- Alcohol, Opiates Barbiturates, Anti-Anxiety agents, Cocaine, Amphetamines, PCP, Hallucinogens): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
- PDS Clinical Education Software: (Copyright 1997)
PDS Clinical Education Software:
Clinical Scenario Content Areas:
Psychiatric Mental Health Nursing Concepts and Skills:
Depression and Elation:
Adrian Knight: Attempted Suicide Case Scenario
T.H.Brigum: Severe Manic State Case Scenario
Maria Camilo: Cyclothymic Disorder Case Scenario
Severe, Persistent Mental Disorders:
Mrs. Helen White: Bipolar Disorder Case Scenario
Withdrawal and Aggression:
Brenda Green: Attempted Suicide Case Scenario
- Nursing Care Plans, Edition 5: (Copyright 1997)
Psychiatric Topics:
Mood Disorders:
Major Depression/Dysthymic Disorders
Bipolar Disorders
Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desired outcomes, actions and interventions with rationales, potential considerations.
- Pharmacology: (Copyright 1993-1994)

Psychiatric Drugs:
Unit 2: Antidepressants
Unit 3: Mood Stabilizers

UNIT: Schizophrenia and Other Psychotic Disorders

- Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)
Unit 3: Schizophrenia, Mood Disorders, and Substance Abuse
(**Schizophrenia**, Grief, Depression and Suicide, Manic Behavior- Bipolar, Substance Abuse- Alcohol, Opiates Barbiturates, Anti-Anxiety agents, Cocaine, Amphetamines, PCP, Hallucinogens): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
- PDS Clinical Education Software: (Copyright 1997)
PDS Clinical Education Software:
Clinical Scenario Content Areas:
Psychiatric Mental Health Nursing Concepts and Skills:
Severe, Persistent Mental Disorders:
Tom Gerrity: Chronic Schizophrenia Case Scenario
Crisis:
Johnny: Schizophrenic Case Scenario
Withdrawal and Aggression:
William March: Paranoid Schizophrenic Case Scenario
- Nursing Care Plans, Edition 5: (Copyright 1997)
Psychiatric Topics:
Schizophrenic and Other Psychotic Disorders:
Schizophrenia
Schizoaffective Disorder
Delusional Disorders
Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desired outcomes, actions and interventions with rationales, potential considerations.
- Pharmacology: (Copyright 1993-1994)
Psychiatric Drugs:
Unit 1: Antiparkinsonian Drugs: Anticholinergics,

Antihistamines, Dopaminergic Agents

UNIT: Personality Disorders/ Adjustment Disorders

- Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)
Unit 4: Organic Mental Disorders, Eating Disorders, Personality Disorders, Violence and Legal Issues
(Organic Mental Disorders- Delirium, Dementia, Eating Disorders, **Personality Disorders (Antisocial, Borderline Personality Disorder**, Family Violence, Sexual Assault and Rape, Legal Aspects of Psychiatric Nursing): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
- PDS Clinical Education Software: (Copyright 1997)
PDS Clinical Education Software:
Clinical Scenario Content Areas:
Psychiatric Mental Health Nursing Concepts and Skills:
Anger, Hostility and Aggression:
Terry Johnson: Antisocial Personality Disorder Case Scenario
Severe, Persistent Mental Disorder:
Jack Bellows: Schizotypal Personality Disorder Case Scenario
Mistrust:
Mr. Lovas: Paranoid Personality Disorder Case Scenario
- Nursing Care Plans, Edition 5: (Copyright 1997)
Psychiatric Topics:
Personality Disorders:
Antisocial Personality Disorder
Borderline Personality Disorder
Passive-Aggressive Personality Disorder
Adjustment Disorders:
Adjustment Disorder
Dissociative Disorders:
Dissociative Disorder
Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desired outcomes, actions and interventions with rationales, potential considerations.

UNIT: Substance Related Disorders

- Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)
Unit 3: Schizophrenia, Mood Disorders, and Substance Abuse
(Schizophrenia, Grief, Depression and Suicide, Manic Behavior-Bipolar, **Substance Abuse- Alcohol, Opiates Barbiturates, Anti-Anxiety agents, Cocaine, Amphetamines, PCP, Hallucinogens**):
Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
- PDS Clinical Education Software: (Copyright 1997)
PDS Clinical Education Software:
Clinical Scenario Content Areas:
Psychiatric Mental Health Nursing Concepts and Skills:
Substance Abuse:
Delena Johnson: Cocaine Dependency Case Scenario
Bill Martin: Alcoholic Case Scenario
Christine Moore: Opiate Dependency Case Scenario
- Nursing Care Plans, Edition 5: (Copyright 1997)
Medical/ Surgical Topics:
General:
Alcohol- Acute Withdrawal
Substance-Dependence/Abuse Rehab.
Psychiatric Topics:
Substance Related Disorders:
Alcohol Related
Stimulants
Depressants
Hallucinogens
Substance Dependence/Abuse Rehab.
Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desires outcomes, actions and interventions with rationales, potential considerations.

UNIT: Sexual and Gender Identity Disorders

- Nursing Care Plans, Edition 5: (Copyright 1997)
Psychiatric Topics:

Sexual Dysfunctions and Paraphilias:

Gender Identity Disorders

Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desired outcomes, actions and interventions with rationales, potential considerations.

UNIT: Cognitive Disorders

- Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)

Unit 4: Organic Mental Disorders, Eating Disorders, Personality Disorders, Violence and Legal Issues

(Organic Mental Disorders- Delirium, Dementia, Eating Disorders, Personality Disorders (Antisocial, Borderline Personality Disorder, Family Violence, Sexual Assault and Rape, Legal Aspects of Psychiatric Nursing): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.

- PDS Clinical Education Software: (Copyright 1997)

PDS Clinical Education Software:

Clinical Scenario Content Areas:

Psychiatric Mental Health Nursing Concepts and Skills:

Disorientation and Sensory Misperceptions:

Mrs. Jameson: Alzheimer's Dementia Case Scenario

Lee Wong: Steroid Intoxification with Delirium Case Scenario

Johnny Willis: AIDS Dementia Complex

Mistrust:

Naomi Wallace: Dementia Case Scenario

- Nursing Care Plans, Edition 5: (Copyright 1997)

Psychiatric Topics:

Dementia and Amnesic and Other Cognitive Disorders:

Dementia of Alzheimer's Type/ Vascular Dementia

Dementia due to HIV Positive Disease

Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desired outcomes, actions and interventions with rationales, potential considerations.

UNIT: Infancy, Childhood, and Adolescent Disorders

- Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)
Unit 4: Organic Mental Disorders, Eating Disorders, Personality Disorders, Violence and Legal Issues
(Organic Mental Disorders- Delirium, Dementia, **Eating Disorders**, Personality Disorders (Antisocial, Borderline Personality Disorder, Family Violence, Sexual Assault and Rape, Legal Aspects of Psychiatric Nursing): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
- Nursing Care Plans, Edition 5: (Copyright 1997)
Medical/ Surgical Topics :
Metabolic and Endocrine Disorders:
Anorexia Nervosa/ Bulimia Nervosa
Psychiatric Topics:
Eating Disorders:
Anorexia Nervosa/ Bulimia
Psychiatric Topics:
Childhood and Adolescent Disorders:
Pervasive Developmental Disorders
Attention Deficit /Hyperactivity Disorder (ADHD)
Conduct Disorder
Oppositional Defiant Disorder
Elimination Disorders-Enuresis/ Encopresis
Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desires outcomes, actions and interventions with rationales, potential considerations.

UNIT: Human Abuse

- Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series: (Copyright 1996)
Unit 4: Organic Mental Disorders, Eating Disorders, Personality Disorders, Violence and Legal Issues
(Organic Mental Disorders- Delirium, Dementia, Eating

Disorders, Personality Disorders (Antisocial, Borderline Personality Disorder, **Family Violence, Sexual Assault and Rape**, Legal Aspects of Psychiatric Nursing) : Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.

- PDS Clinical Education Software: (Copyright 1997)
PDS Clinical Education Software:
Clinical Scenario Content Areas:
Psychiatric Mental Health Nursing Concepts and Skills:
Anger, Hostility and Aggression:
Rose Iminez: Physical Abuse Case Scenario
Crisis:
Trudi Rosemont: Rape Trauma Syndrome Case Scenario
- Nursing Care Plans, Edition 5: (Copyright 1997)
Psychiatric Topics:
Other Conditions that may be Focus of Clinical Attention:
Problems Relating to Abuse or Neglect