Wellness Classes · Summer 2015-4
5 – 6 p.m. · Room G303

MONDAY: Yoga All Levels w/Marlene
July 13 – August 10 (No class on July 20)
Ref# 882205

TUESDAY: Café Tone w/Jorge
July 14 – August 11
Ref# 882202

WEDNESDAY: Cross Training w/Stephanie
July 15 – August 12
Ref# 882203

THURSDAY: Café Con Leche
July 16 – August 13
Ref# 890220

FRIDAY: Water Aerobics
July 10 – August 14
Ref# 890013

Register at sisvsr.mdc.edu/ce • 305-237-2612
or stop by Room 5127 • mdc.edu/kendallfitness
Wellness Classes · Summer 2015-4
5 - 6 p.m. · Room G303

MONDAY: Yoga All Levels w/ Marlene
July 13 – August 10 (No class on July 20)
Ref# 882205

TUESDAY: Café Tone w/ Jorge
July 14 – August 11
Ref# 882202

WEDNESDAY: Cross Training w/ Stephanie
July 15 – August 12
Ref# 882203

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<table>
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<th>Instructor</th>
<th>Ref#</th>
<th>Dates</th>
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ONLY $19

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