

## **Course Description**

### **DAA1205 | Intermediate Ballet | 2.00 credits**

This course builds on the foundation established in Ballet I, continuing with the introduction of intermediate level concepts, techniques, steps, terminology, and theory. It emphasizes building the physical strength necessary to execute the demands of ballet at the intermediate level. It also more deeply applies proper alignment, balance, coordination, and application of a range of musical meters. Intermediate exercises at the barre and center floor. Prerequisite: successful completion of DAA1204, Ballet I, or permission from the department (1 hour lecture; 2-4 hour lab)

### **Course Competencies:**

**Competency 1:** The student will combine movements into phrasing using musicality and movement vocabulary learned in previous levels, incorporating aesthetic qualities of dynamics and phrasing at the intermediate level by:

1. Using movement vocabulary at the intermediate level
2. Practicing varied movement combinations
3. Developing consistency in performing movement phrases

### **Learning Outcomes:**

- Describe how natural systems function and recognize the impact of humans on the environment

**Competency 2:** The student will refine an awareness of correct body alignment and placement combined with physical movement at the intermediate level by

1. Continuing to develop an understanding of principals of anatomical alignment
2. Practicing physical movement related to an intermediate level of study
3. Developing an awareness of individual movement patterns and applying principles of body alignment to more advanced movement material

### **Learning Outcomes:**

- Describe how natural systems function and recognize the impact of humans on the environment

**Competency 3:** The student will integrate choreographic dance phrases of classical ballet through physical repetition of movement and execution of acquired skills, leading to an intermediate level of performance skills by:

1. Practicing movement phrases at the intermediate level to music
2. Continuing to develop movement coordination and placement appropriate to this technique
3. Strengthening coordination and musculature necessary to support the movement phrases at the intermediate level

### **Learning Outcomes:**

- Demonstrate knowledge of diverse cultures, including global and historical perspectives
- Demonstrate an appreciation for aesthetics and creative activities
- Describe how natural systems function and recognize the impact of humans on the environment