



Course Description

NUR1025C | Fundamentals of Nursing Skills Lab | 1.00 credit

Students will learn of the opportunities for the explanation, demonstration, and practice of care provider activities essential to the basic practice of nursing. Learning experiences are provided in the skills laboratory. Prerequisite: Program Admission; Corequisites: NUR1025, NUR1025L, NUR1060C and NUR1141

Course Competencies:

Competency 1: The student will be able to identify the development of contemporary nursing practice by:

1. Applying various documentation techniques in simulated experiences

Competency 2: The student will apply the nursing process as the framework for meeting the health needs of individuals by:

1. Using the phases of the nursing process in writing a nursing care plan
2. Using the nursing process in discussing a client care scenario
3. Identifying the nursing care plan to meet individual client needs

Competency 3: The student will apply the principles of therapeutic communication and the teaching-learning process by:

1. Participating in the taping/role-playing of a therapeutic communication exercise
2. Explaining the elements of the communication
3. Processing in evaluating the taping/role-playing exercise

Competency 4: The student will apply the concept of basic human needs in planning nursing care by:

1. Practicing methods that increase a client's safety
2. Practicing methods that prevent deterioration in skin integrity
3. Demonstrating correct body mechanics
4. Simulating methods of delivering oxygen
5. Practicing intake and output assessments with required documentation
6. Obtaining a nutritional assessment
7. Demonstrating accurate assessment and documentation of vital signs documenting activities of daily living
8. Demonstrating procedures for standard precautions
9. Demonstrating correct procedure for enema administration
10. Demonstrating procedure for bed bath
11. Demonstrating procedures for making an occupied and unoccupied hospital bed
12. Demonstrating procedure for hand washing
13. Applying concepts of hazards of immobility and their relationship to simulated client settings

Competency 5: The student will apply concepts of perioperative nursing by:

1. Demonstrating the procedure for preparing a client for surgery
2. Documenting with a preoperative checklist

Competency 6: The student will identify principles of stress and adaptation by:

1. Applying stress reduction techniques

Competency 7: The student will identify the nurse's role in preserving visual and auditory health by:

1. Simulating client situations relating to sensory deficits
2. Demonstrating a safe environment for a client with auditory or visual deficits

Competency 8: The student will apply the mechanisms of fluid, electrolyte, and acid-base balance by:

1. Practicing intake and output assessment
2. Regulating intravenous flow rates

Competency 9: The student will identify the nurse's role in the preparation and administration of medications by:

1. Using the five rights of medication administration
2. Demonstrating proper technique for administering oral, topical, and parenteral medications
3. Demonstrating proper procedures for documentation of medications

Learning Outcomes:

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning