## NUR 1025C Fundamentals of Nursing Skills Lab

**Course Description:** Students will learn of the opportunities for the explanation, demonstration, and practice of care provider activities essential to the basic practice of nursing. Learning experiences are provided in the skills laboratory. Pre-Req: Program Admission; Co-Req: NUR 1025, 1060C, 1142. (1-hour lecture, 2-hour lab)

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<thead>
<tr>
<th>Course Competency</th>
<th>Learning Outcomes</th>
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| **Competency 1:** The student will be able to identify the development of contemporary nursing practice by: | • Communication  
• Critical thinking |
| 1. Applying various documentation techniques in simulated experiences. | |
| **Competency 2:** The student will apply the nursing process as the framework for meeting the health needs of individuals by: | • Communication  
• Critical thinking |
| 1. Using the phases of the nursing process in writing a nursing care plan.  
2. Using the nursing process in discussing a client care scenario.  
3. Personalizing the nursing care plan to meet individual client needs. | |
| **Competency 3:** The student will apply the principles of therapeutic communication and the teaching learning process by: | • Communication  
• Critical thinking |
| 1. Participating in the taping/role playing of a therapeutic communication exercise.  
2. Explaining the elements of the communication process in evaluating the taping/role playing exercise. | |
| **Competency 4:** The student will apply the concept of basic human needs in planning nursing care by: | • Communication  
• Critical thinking |
| 1. Practicing methods that increase a client’s safety.  
2. Practicing methods that prevent deterioration in skin integrity.  
3. Demonstrating correct body mechanics. | |

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5. Practicing intake and output assessments with required documentation.
6. Obtaining a nutritional assessment.
7. Demonstrating accurate assessment and documentation of vital signs documenting activities of daily living.
8. Demonstrating procedures for standard precautions.
9. Demonstrating correct procedure for enema administration.
10. Demonstrating procedure for bed bath.
11. Demonstrating procedures for making an occupied and unoccupied hospital bed.
12. Demonstrating procedure for hand washing.

| Competency 5: The student will apply concepts of perioperative nursing by: | • Communication  
• Critical thinking |
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| 1. Demonstrating the procedure for preparing a client for surgery.  
2. Documenting with a preoperative checklist | |

| Competency 6: The student will identify principles of stress and adaptation by: | • Communication  
• Critical thinking |
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<td>1. Applying stress reduction techniques.</td>
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| Course Competency 7: The student will identify the nurse’s role in preserving visual and auditory health by: | • Communication  
• Critical thinking |
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| 1. Simulating client situations relating to sensory deficits.  
2. Demonstrating a safe environment for a client with auditory or visual deficits. | |

| Course Competency 8: The student will apply the mechanisms of fluid, electrolyte and acid-base balance by: | • Communication  
• Critical thinking |
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1. Practicing intake and output assessment.
2. Regulating intravenous flow rates.

**Course Competency 9:** The student will identify the nurse’s role in the preparation and administration of medications by:

- Communication
- Critical thinking

<table>
<thead>
<tr>
<th>1. Using the five rights of medication administration.</th>
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<tr>
<td>2. Demonstrating proper technique for administering oral, topical, and parenteral medications.</td>
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<td>3. Demonstrating proper procedures for documentation of medications.</td>
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