# NUR 1025L  Fundamentals of Nursing Clinical Lab

## Course Description:
This course provides an introduction to the profession of nursing. Students will learn the roles basic to nursing practice and opportunities to apply the nursing process in selected clinical experiences. The emphasis is on health promoting activities to meet client needs in a variety of settings including community based experiences. Pre-Req: Program Admission; Corequisite: NUR 1025.

## Course Competency Table

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<tr>
<th>Competency 1: The student will be able to identify the development of contemporary nursing practice by:</th>
<th>Learning Outcomes</th>
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| 1. Observing the concepts of health, health care delivery and the settings and resources available in the community. | • Communication  
• Numbers / Data  
• Critical thinking  
• Information Literacy |
| 2. Observing the roles of the registered professional nurse. | |
| 3. Observing roles of the members of the health care team including physician, social worker, case manager, dietitian, physical therapist, respiratory therapist, licensed practical nurse, and unlicensed assistive personnel. | |
| 4. Observing interactions between the registered professional nurse and other members of the health team. | |

## Competency 2: The student will apply the nursing process as the framework for meeting the health needs of individuals by:

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| • Communication  
• Numbers / Data  
• Critical thinking  
• Information Literacy |

1. Using the phases of the nursing process.  
2. Collecting a comprehensive and accurate data base on which a diagnosis, plan, and interventions are based.  
3. Recognizing the importance of establishing priorities before planning interventions.  
4. Using the nursing process in discussing a patient care scenario.
5. Recognizing the importance of personalizing the nursing care plan to meet individual client needs.

**Competency 3:** The student will identify the diverse roles of the nurse required in the management of client care by:

1. Discussing the role of the nurse as educator, advocate, collaborator, and manager of client care.
2. Explaining the independent, dependent, and collaborative functions of nurses.

**Competency 4:** The student will discuss values clarification from the perspective of nursing practice in a multicultural, pluralistic society by:

1. Applying the concept of holistic being.
2. Identifying the interrelated physiological, psychologic, sociocultural, spiritual and environmental dimensions of the client.
3. Applying the concept of delivering culturally competent care.
4. Identifying cultural diversity in a health care setting.

**Competency 5:** The student will apply the critical thinking process in nursing practice by:

1. Using the components of the critical thinking model.
2. Comparing the relationship between critical thinking and the nursing process.

**Competency 6:** The student will apply principles of therapeutic communication and the teaching learning process by:

1. Identifying a target group within the community.

- Communication
- Numbers / Data
- Critical thinking
- Information Literacy
2. Planning and delivering a teaching/learning presentation to a group in the community.
3. Practicing therapeutic communication techniques.

**Course Competency 7:** The student will apply the concept of basic human needs in planning nursing care in a medical/surgical or rehabilitation setting by:

1. Using methods that increase a client’s safety.
2. Using methods that prevent deterioration in skin integrity.
3. Demonstrating correct body mechanics in delivering patient care.
4. Using methods that promote oxygenation.
5. Using methods that enhance elimination.
6. Using methods that promote nutrition.
7. Using methods that decrease hazards of immobility.
8. Using methods to promote comfort and decrease pain.

- Communication
- Numbers / Data
- Critical thinking
- Information Literacy

**Course Competency 8:** The student will apply principles of growth and development by:

1. Planning for needs of clients at different stages in the life cycle.
2. Observing special needs of the aging population in a geriatric setting including nursing homes and senior citizen centers in the community.
3. Applying concepts of death and dying in delivering hospice care and end of life care.

- Communication
- Numbers / Data
- Critical thinking
- Information Literacy

**Course Competency 9:** The student will apply concepts of peri-operative nursing by:

1. Providing care to clients before, during, and following an operative procedure.
2. Discussing issues of informed consent in a small group setting.

- Communication
- Numbers / Data
- Critical thinking
- Information Literacy

Updated Spring 2021
**Course Competency 10:** The student will identify principles of stress and adaptation by:

1. Completing an instrument that provides a self assessment of one’s stress level (life change units).
2. Sharing the results of the self assessment in a small group setting.
3. Describing stress-mediated behaviors of others.

- Communication
- Numbers / Data
- Critical thinking
- Information Literacy

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**Course Competency 11:** The student will identify the nurse’s role in preserving visual and auditory health by:

1. Participating in a screening project for visual acuity.
2. Caring for a hearing impaired person.
3. Planning care for a client with visual or auditory loss.

- Communication
- Numbers / Data
- Critical thinking
- Information Literacy

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**Course Competency 12:** The student will apply the mechanisms of fluid, electrolyte and acid-base balance by:

1. Completing an intake and output assessment on a client.
2. Evaluating appropriate laboratory values relating to fluid, electrolyte, and acid base balance.
3. Assessing the respiratory status of a client.
4. Documenting appropriate findings in the medical record explaining values that deviate from the norm.

- Communication
- Numbers / Data
- Critical thinking
- Information Literacy