# NUR 2520  
## Psychiatric Nursing

Course Description: This course introduces students to the basic concepts of psychiatric nursing. Students will learn to provide care in in-patient and community settings, focusing on the nurse's role in meeting the needs of the patient, family, and the community. Prerequisites: NUR 1211, 1211L, 1214C or 1002, 1002L; 1142. Co-requisites: NUR 2520L

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<th>Course Competency</th>
<th>Learning Outcomes</th>
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| **Competency 1:** The student will identify the importance of biological psychiatry to the understanding of the etiology of selected mental illnesses by: | • Communication  
| 1. Describing the anatomy and physiology of the brain.                           | • Cultural / Global Perspective                        |
| 2. Identifying the major neurotransmitters and how they function as neuro-messengers in influencing behavior/mood. |                                                        |
| 3. Identifying laboratory tests pertinent to diagnostic evaluation.               |                                                        |
| **Competency 2:** The student will describe the assessment tools used in mental health/mental illness by: | • Communication  
| 1. Recognizing the DSM-IV classification system.                                 | • Cultural / Global Perspective                        |
| 2. Recognizing the multi-axial assessment.                                       |                                                        |
| 3. Identifying the components of a mental status assessment.                     |                                                        |
| **Competency 3:** The student will understand the legal implications in the care of a psychiatric client by: | • Communication  
| 1. Explaining the Baker Act procedure.                                           | • Cultural / Global Perspective                        |
| 2. Summarizing the Patient Bill of Rights.                                       |                                                        |
| 3. Describing the support provided by community agencies and organizations for clients experiencing disruptions in mental health. |                                                        |
| **Course Competency 4:** The student will discuss the role of the nurse-client relationship in a psychiatric setting by: | • Communication  
| 1. Describing the Baker Act procedure.                                           | • Cultural / Global Perspective                        |
| 2. Summarizing the Patient Bill of Rights.                                       |                                                        |
| 3. Describing the support provided by community agencies and organizations for clients experiencing disruptions in mental health. |                                                        |
1. Discussing the therapeutic use of self.
2. Reviewing therapeutic and non-therapeutic communication.
3. Comparing and contrasting the phases of the nurse-client relationship.
4. Identifying the different roles of the psychiatric nurse in a psychiatric facility.

**Course Competency 5:** The student will describe principles of crisis intervention by:

- Communication
- Cultural / Global Perspective

1. Differentiating normal anxiety from pathological anxiety.
2. Identifying the different types of crisis.
3. Identifying factors that contribute to crisis development.
4. Describing the role of the nurse in crisis intervention.
5. Identifying support systems and community agencies.
6. Identifying appropriate diagnostic studies used in assessment.
7. Identifying clinical manifestations.
8. Describing collaborative management of clients in crisis situations including delegation of responsibility.
10. Discussing the use of the nursing process as a framework for providing individualized care.
11. Discussing the educational needs of clients and their families.

**Course Competency 6:** The student will describe the nursing management of clients with anxiety disorders by:

- Communication
- Cultural / Global Perspective

1. Reviewing the psychobiology and other etiological factors.
2. Identifying appropriate diagnostic studies used in assessment.
3. Identifying clinical manifestations.
4. Describing collaborative management of clients with anxiety disorders including delegation of responsibility.
5. Selecting appropriate therapeutic approaches/interventions.
6. Discussing the use of the nursing process as a framework for providing individualized care.
7. Discussing the educational needs of clients and their families.

**Course Competency 7:** The student will describe the nursing management of clients with grief, loss/mood disorders by:

- Communication
- Cultural / Global Perspective

1. Reviewing the psychobiology and other etiological factors.
2. Identifying appropriate diagnostic studies used in assessment.
3. Identifying clinical manifestations.
4. Describing collaborative management of clients with mood disorders including delegation of responsibility.
5. Selecting appropriate therapeutic approaches/interventions.
6. Discussing the use of the nursing process as a framework for providing individualized care.
7. Discussing the nutritional requirements for clients with mood disorders.
8. Discussing the educational needs of clients and their families.
9. Identifying available community support systems.

**Course Competency 8:** The student will describe the nursing management of clients with schizophrenia and other psychotic disorders by:

- Communication
- Cultural / Global Perspective

1. Reviewing the psychobiology and other etiological factors.
2. Identifying appropriate diagnostic studies used in assessment.
3. Identifying clinical manifestations.
4. Describing collaborative management of these clients including delegation of responsibility.
5. Selecting appropriate therapeutic approaches/interventions.
6. Discussing the use of the nursing process as a framework for providing individualized care.
7. Discussing the nutritional requirements for these client’s disorders.

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8. Discussing the educational needs of clients and their families.
9. Identifying available community support systems.

**Course Competency 9:** The student will describe the nursing management of clients with personality/adjustment disorders by:

1. Reviewing etiological factors.
2. Identifying psychological studies used in assessment.
3. Identifying clinical manifestations.
4. Describing collaborative management of these clients including delegation of responsibility.
5. Selecting appropriate therapeutic approaches/interventions.
6. Discussing the use of the nursing process as a framework for providing individualized care.
7. Discussing the educational needs of clients and their families.
8. Identifying available community support systems.

**Course Competency 10:** The student will describe the nursing management of clients with substance related disorders by:

1. Reviewing the psychobiology and other etiological factors.
2. Identifying diagnostic and psychological studies used in assessment.
3. Identifying clinical manifestations.
4. Describing collaborative management of these clients including delegation of responsibility.
5. Selecting appropriate therapeutic approaches/interventions.
6. Discussing the use of the nursing process as a framework for providing individualized care.
7. Discussing the educational needs of clients and their families.
8. Identifying available community support systems.

**Course Competency 11:** The student will describe the nursing management of clients with sexual and gender identity disorders by:

1. Reviewing the psychobiology and other etiological factors.
2. Identifying diagnostic and psychological studies used in assessment.
3. Identifying clinical manifestations.
4. Describing collaborative management of these clients including delegation of responsibility.
5. Selecting appropriate therapeutic approaches/interventions.
6. Discussing the use of the nursing process as a framework for providing individualized care.
7. Discussing the educational needs of clients and their families.
8. Identifying available community support systems.
1. Reviewing the psychobiology and other etiological factors.
2. Identifying psychological studies used in assessment.
3. Identifying clinical manifestations.
4. Describing collaborative management of these clients including delegation of responsibility.
5. Selecting appropriate therapeutic approaches/interventions.
6. Discussing the use of the nursing process as a framework for providing individualized care.
7. Discussing the educational needs of clients and their families.
8. Identifying available community support systems.

**Course Competency 12:** The student will describe the nursing management of clients with cognitive disorders by:

- Communication
- Cultural / Global Perspective

1. Reviewing the psychobiology and other etiological factors.
2. Identifying psychological and diagnostic studies used in assessment.
3. Identifying clinical manifestations.
4. Describing collaborative management of these clients including delegation of responsibility.
6. Discussing the use of the nursing process as a framework for providing individualized care.
7. Discussing the educational needs of clients and their families.
8. Identifying available community support systems.
9. Discussing the nutritional requirements for these clients.

**Course Competency 13:** The student will describe the nursing management of infancy, childhood, and adolescent disorders by:

- Communication
- Cultural / Global Perspective

1. Reviewing the psychobiology and other etiological factors.
2. Identifying diagnostic and psychological studies used in assessment.
3. Identifying clinical manifestations.
4. Describing collaborative management of these clients including delegation of responsibility.
5. Selecting appropriate therapeutic approaches/interventions.
6. Discussing the use of the nursing process as a framework for providing individualized care.
7. Discussing the educational needs of clients and their families.
8. Identifying available community support systems.
9. Discussing the nutritional requirements for these clients.

**Course Competency 14:** The student will describe the nursing management of clients experiencing human abuse by:

1. Reviewing the etiological factors.
2. Identifying psychological studies used in assessment.
3. Discussing the legal ramifications for these clients.
4. Identifying clinical manifestations.
5. Describing collaborative management of these clients including delegation of responsibility.
7. Discussing the use of the nursing process as a framework for providing individualized care.
8. Discussing the educational needs of clients and their families.
9. Identifying available community support systems.

- Communication
- Cultural / Global Perspective