

Course Description

NUR3069 | Advanced Health Assessment | 3.00 credits

This course will focus on the assessment of individuals, families, and culturally diverse communities throughout the life span. The course will also include relevant theories, evidenced based practice concepts for the comprehensive assessment and management of health throughout the family life cycle. It includes lecture, discussion and demonstration of history-taking and an integrated physical assessment. Minimum grade of "C" or better required. Corequisite: NUR3846

Course Competencies:

Competency 1: The student will identify evidence-based tools used in a comprehensive physical examination by:

1. Integrating evidence-based recommendations related to the health assessment of individuals across the lifespan
2. Applying evidence-based information about safe practices when conducting a comprehensive physical examination
3. Analyzing health promotion theories, health behavior, change strategies, and disease prevention to support healthy lifestyles
4. Demonstrating communication methods that involve cultural awareness and sensitivity of individual differences

Competency 2: The student will organize health history data for individuals across their lifetime

1. Describing the purpose and components of comprehensive health history
2. Collecting systematic physiological, psychological, socioeconomic, spiritual, and lifestyle information when performing a comprehensive health history
3. Applying age-appropriate, ethically, culturally competent interview skills
4. Composing a personal health history that includes environmental and genetic risks

Competency 3: The student will demonstrate physical examination skills by:

1. Using practical interviewing and communication skills to prepare patients from different ethnicities and cultures for the physical examination
2. Applying relevant anatomy, physiology, and behavioral sciences knowledge while conducting a physical examination
3. Using examination equipment appropriate for each body system
4. Using appropriate inspection, palpation, percussion, and auscultation techniques to gather data emphasized by the health history

Competency 4: The student will recognize the role and responsibilities of the nurse in the process of health assessment and health promotion by:

1. Examining the role and responsibilities of the baccalaureate nurse in performing and analyzing health assessment data
2. Interpreting signs of normal and abnormal health assessment findings
3. Formulating a complete problem list to prioritize individual problems and needs from data discovered during the health history and physical examination
4. Identifying opportunities to screen for preventative care and promote healthier lifestyles for individuals across the lifespan

Competency 5: The student will carry out a comprehensive systematic physical examination by:

1. Integrating knowledge of ethical principles of patient privacy, autonomy, and informed consent
2. Performing a comprehensive systematic physical examination for individuals across the lifespan
3. Designing an age-appropriate health promotion interventionEvaluating health promotion interventions

Learning Outcomes:

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning
- Formulate strategies to locate, evaluate, and apply information
- Demonstrate knowledge of diverse cultures including global and historical perspectives
- Demonstrate knowledge of ethical thinking and its application to issues in society
- Use computer and emerging technologies effectively