

# CIVIC ACTION PLANNING SHEET

1. Review the list of 80+ civic actions below
2. Highlight the ones you want to complete
3. Complete the Action in the Changemaker Hub by:
  - a) Log into the Changemaker Hub (<https://changemakerhub.mdc.edu>)
  - b) Click on Subgroups
  - c) Click on Civic Action Scorecard and search for the Actions you wish to complete for instructions
  - d) Submit your Actions via the Add Impact button for each action
  - e) Earn your Award!

#	Civic Action	Points	Points Earned
<b>DEMOCRATIC ENGAGEMENT</b>			
DE-1	Register to vote	5 pts	
DE-2	Help someone register to vote	5 pts; X2=10 pts poss.	
DE-3	Find the sample ballot for upcoming elections	5 pts	
DE-4	Create a voting plan	5 pts per election	
DE-5	Attend, watch, or listen to a live debate, session, or address	10 pts; X2=20 pts poss.	
DE-6	Know your elected officials at the city, county, state, and federal levels	5 pts	
DE-7	Research two of your current elected officials	10 pts	
DE-8	Call or e-mail two elected officials	5 pts; X2=10 pts poss.	
DE-9	Report issue or concern to proper governmental authority	5 pts; X2=10 pts poss.	
DE-10	Research budget from your city or county	10 pts	
DE-11	Attend, watch, or listen to a community, city, county, or state meeting	10 pts; X2=20 pts poss.	
DE-12	Present a prepared speech at a community, city, county, or state meeting	15 pts	
DE-13	Serve as an election Poll Worker	20 pts	
DE-14	Attend/participate in event relating to democratic engagement	10 pts; X2=20 pts poss.	
DE-15	Sign 5 political, environmental, or social issue petitions relating to causes you support	5 pts	
DE-16	Serve with a local or state political campaign	5 pts	
DE-17	Join a local or state voter engagement organization or political party and attend at least 2 meetings	10 pts	
DE-18	Peacefully attend a rally, protest, or demonstration with positive signage	10 pts	
DE-19	Write an op-ed or letter to the editor	Written and sent: 5 pts Published: add 10 pts (15 total)	
DE-20	Read two news articles from a reputable news source on a civic topic	5 pts per 2 articles; X2 = 10 pts poss.	
DE-21	Summarize media fact-checking	5 pts	
DE-22	Summarize two fact-checked claims made by local, state, or federal officials	5 pts per 2 claims; X2=10 pts poss.	
DE-23	Review the SIFT method and verify a news story	10 pts	
DE-24	Read and summarize a United States founding document	5 pts; X2=10 pts poss.	
DE-25	Take practice Citizenship Exam with passing score	5 pts	
DE-26	Compare ideologies of political parties	10 pts	
DE-27	Research two political activists who helped individuals secure the right to vote	10 pts	
<b>ENVIRONMENT &amp; SUSTAINABILITY</b>			
ES-1	Know the native plants of your community	5 pts	
ES-2	Plant a South Florida native species and maintain it for 3 months	15 pts	
ES-3	Attend a farmer's market	5 pts	
ES-4	Review the 17 United Nations Sustainable Development Goals	5 pts	
ES-5	Complete the UN Sustainable Communities Checklist	5 pts	
ES-6	Complete the Miami Waterkeeper's Quiz and read the included article 'Best Management Practices'	5 pts	
ES-7	Participate in a Citizen Science Project	15 pts	
ES-8	Calculate your eco-footprint	5 pts	
ES-9	Research two contributors to a carbon footprint	10 pts	
ES-10	Watch two videos from "The Story of Stuff Project" and take the Changemakers Personality Quiz	10 pts	
ES-11	Clean up trash in your neighborhood, at a public park, or near the water	5 pts	
ES-12	Properly recycle household electronics, computer, and printer accessories, and/or batteries	10 pts	

ES-13	Properly dispose of household chemicals, hazardous waste, and/or cleaning supplies	10 pts	
ES-14	Eliminate consumption of meat, fish, and animal byproducts for 7 continuous days	15 pts	
ES-15	Reduce your home energy use for 30 continuous days	15 pts	
ES-16	Eliminate consumption of single-use plastic (bags, water bottles, straws, etc.) for 7 continuous days	15 pts	
ES-17	Reduce your transportation footprint for 7 continuous days	10 pts	
ES-18	Attend/participate in event relating to environment and sustainability	10 pts; X2=20 pts poss.	
ES-19	Complete a Backyard Biodiversity Audit	10 pts	
<b>COMMUNITY WELL-BEING</b>			
CW-1	Complete a Significant Act of Kindness	5 pts; X3=15 pts poss.	
CW-2	Donate non-perishable food to the MDC Food Pantry for students or a local food bank	5 pts; X2=10 pts poss.	
CW-3	Donate in-kind to a nonprofit or community organization (clothing, household goods, etc.)	5 pts	
CW-4	Fundraise over \$50 for a nonprofit organization	10 pts	
CW-5	Serve with a local or state nonprofit	3 pts per every 5 hours, up to 15pts	
CW-6	Serve in a local, national or international day of service	3 pts per every 5 hours, up to 15 pts	
CW-7	Serve on community board or committee	15 pts	
CW-8	Complete a health screening or health test	5 pts	
CW-9	Donate blood or plasma, or join the bone marrow registry, or sign up to be an organ donor	10 pts; X2=20 pts poss.	
CW-10	Have a deliberative dialogue with someone with whom you disagree	10 pts	
CW-11	Host a neighborhood or community meeting	15 pts	
CW-12	Complete a "Community Well-Being Certification" (e.g., mental health, CPR, suicide prevention)	15 pts; X2 = 30 pts poss.	
CW-13	Attend/participate event relating to community well-being or a social issue	10 pts; X2=20 pts poss.	
CW-14	Present a workshop, training, or informational event	15 pts	
CW-15	Participate in MDC or community leadership or fellowship program in its entirety	25 pts	
CW-16	Donate hair to individuals who have lost their hair while battling cancer or other ailments	10 pts	
CW-17	Understanding Empathy	15 pts	
<b>ARTS &amp; CULTURE</b>			
AC-1	Watch a film or documentary about a political, environmental, social, or cultural issue	10 pts; X2=20 pts poss.	
AC-2	Read a nonfiction or fiction book about a political, environmental, social, or cultural issue	15 pts; (banned/challenged book add 5 pts = up to 20 pts poss.)	
AC-3	Research the indigenous people and tribe(s) of your community	10 pts	
AC-4	Create a land acknowledgment for the indigenous people and tribe(s) of your community	Create: 5 pts; (if presented to an authentic audience add 5 pts)	
AC-5	Visit a park, museum, or site of environmental or cultural significance	10 pts; X2=20 pts poss.	
AC-6	Join a community art or cultural collective and attend 2 meetings/events	15 pts	
AC-7	Attend/participate in an MDC Live Arts Miami program	10 pts; X2=20 pts poss.	
AC-8	Attend/participate in local art or cultural fair/festival	10 pts; X2=20 pts poss.	
AC-9	Present original art for an authentic audience on a political, environmental, or social issue	15 pts	
AC-10	Attend/participate in an art performance, exhibition, cultural walking tour, or informational event relating to civic and cultural issues	10 pts; X2=20 pts poss.	
<b>SOCIAL INNOVATION</b>			
SI-1	Learn about the concept of social innovation	5 pts	
SI-2	Read two articles from Solutions Journalism	5 pts for 2 articles; X2=10 pts poss.	
SI-3	Learn about Ashoka Fellows – who they are, what they do	5 pts	
SI-4	Watch a Ted Talk on a social innovation project	5 pts; X2=10 pts poss.	
SI-5	Attend/participate in social innovation or social entrepreneurship workshops, training, or informational event	10 pts; X2=20 pts poss.	
SI-6	Submit a Commitment to Action to Clinton Global Initiative University	Apply: 15 pts; accepted and complete CGI U program, add 15 pts	
<b>CREATE YOUR OWN</b>			
IA-1	Course instructor assigned Civic Action Item	5-15 pts depending on time, effort, and impact	
PYO-1	Contact your iCED office and propose a "civic action" not on the list (must be preapproved by iCED)	5-15 pts depending on time, effort, and impact	
<b>AWARD LEVEL</b>			<b>TOTAL PTS</b>
<b>SELECT AWARD YOU ARE APPLYING FOR: Bronze (100 pts) / Silver (200 pts) / Gold (300 pts)</b>			