Chelsea Clinton: Students should get involved

Clinton spoke to MDC students Thursday to promote her new book encouraging young people to get involved in civic issues

"Those of us that are older want to believe in young people," she said

The former first daughter also encouraged attendees to consider their own social impact

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Former first daughter Chelsea Clinton urged Miami Dade College students to become change-makers in their communities during a stop Thursday to promote her new children’s book, It’s Your World: Get Informed, Get Inspired & Get Going!

In a room packed with about 110 MDC students and staff at the university’s InterAmerican Campus, Clinton encouraged the students to nurture civic involvement in others, and themselves.

"Those of us that are older want to believe in young people," said the 35-year-old Clinton.

Clinton described her book as one aimed at encouraging young students to participate in public issues, from education to the environment. She also alluded to a childhood spent learning from people “who lived in the world a lot longer,” including her maternal grandmother Dorothy, who started working when she was 14. One of those lessons, she added, was to make a difference — no matter how small.

Clinton did not take media questions but answered pre-submitted questions from the students. Some asked about how to confront large problems when seemingly powerless, including a question on Miami’s gentrification.

"There are so many different ways to engage the powerful, and there are so many ways to engage constituents that the powerful listen to," she said, citing social media. "There are other ways to raise your voice and amplify your message."
Clinton, vice chair of the Clinton Foundation, only briefly mentioned her mother, Hillary, the Democratic presidential candidate. Clinton spent Thursday testifying before a House committee on the 2012 Benghazi attacks. When Chelsea Clinton spoke about her, she talked about choosing a career with social impact.

“Almost always I’m asked, ‘Will you ever run for political office?’” Clinton said. “My dad was president, my mom is running for president. I absolutely understand why students ask that question.”

But that question, Clinton added, is one students should ask themselves.

“You shouldn’t only be asking me that question because of my last name,” she said. “None of my friends are thinking about running for office. That’s tragic.”
Heart valve surgery used to require “cracking open” the chest cavity to reach the valve that needed to be replaced. It meant a longer recovery time, and was only available to patients who were evaluated by their doctor as healthy enough for this type of intense surgery.

Not anymore.

A less-invasive approach is now available. It’s called transcatheter aortic valve replacement, or TAVR. It uses a catheter to place the new valve within the diseased valve. And because it’s less invasive, it’s an option for patients who are either high risk or too sick for open heart surgery.