RECOMMENDED FOR ALL COURSES:

- **Successful Test-taking Tips for Windows:** *(Copyright 1998)*
  - Test-Taking Tips for Beginners:
    - *Successful Problem Solving and Test taking for Beginning Nursing Students, Version 1.1:* Units 1 and 2 are tutorials covering test taking tips and skills followed by questions with rationales for choices. Units 3, 4, and 5 are more specific to nursing and cover therapeutic communication techniques, selecting priorities, nursing process, nursing skills, and pathology.
    - **Unit 1:** Understanding the Question
    - **Unit 2:** Test-taking Strategies
    - **Unit 3:** Communication questions
    - **Unit 4:** Selecting priorities (Maslow’s Hierarchy)
    - **Unit 5:** Nursing Process

- **Lippincott’s Complete Nursing Reference:** *(Copyright 1997)*
  - Consists of 5 textbooks on CD:
    1. *The Lippincott Manual of Nursing Practice:*
      - Part I: Nursing Process and Practice
      - Part II: Medical Surgical Nursing
      - Part III: Maternal and Neonatal Nursing
      - Part IV: Pediatric Nursing
      - **Part V: Psychiatric Nursing**
      - Part VI: Appendices
    2. *Physical Examination and History Taking*
    3. *A Manual of Laboratory and Diagnostic Tests*
    4. *Nursing Care Plans and Documentation*

UNIT: Psychobiology

- **Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series:** *(Copyright 1996)*
  - **Unit 1: Treatment Models and Communication:** Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
  - **Conceptual Models-Biopsychosocial theories and Models, Medical, Psychoanalysis,** Erikson’s Psychosocial Development, Maslow’s Basic Human Needs, Behavioral Therapy Model,
UNIT: Mental Health/ Mental Illness

- **Fundamentals of Nursing:**
  - **Unit 2:** 15 questions covering Growth and Development and Psychosexual Development
  - **Unit 7: Healthy Psychosocial Response** - 32 questions covering Defense Mechanisms, Growth and Development, Death and Dying, Sexuality and Religious Beliefs

  - **Unit 1: Treatment Models and Communication:** Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
    - (Conceptual Models-Biopsychosocial theories and Models, Medical, Psychoanalysis, **Erikson’s Psychosocial Development**, **Maslow’s Basic Human Needs**, Behavioral Therapy Model, Community Mental Health or Social Model
    - Treatment Models: Crisis Intervention, Group Psychotherapy, Family Therapy, Milieu Therapy, Adjunctive Therapy
    - Nurse-Client Relations
    - Effective Communication

UNIT: Legal Aspects/ Community Mental Health

  - **Unit 4: Organic Mental Disorders, Eating Disorders, Personality Disorders, Violence and Legal Issues**
    - (Organic Mental Disorders- Delirium, Dementia, Eating Disorders, Personality Disorders (Antisocial, Borderline Personality Disorder, Family Violence, Sexual Assault and Rape, Legal Aspects of Psychiatric Nursing): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
UNIT: The Nurse-Patient Relationship in a Psychiatric Setting

  
  **Unit 1: Treatment Models and Communication:** Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
  
  (Conceptual Models-Biopsychosocial theories and Models, Medical, Psychoanalysis, Erikson’s Psychosocial Development, Maslow’s Basic Human Needs, Behavioral Therapy Model, Community Mental Health or Social Model
  
  Treatment Models: Crisis Intervention, Group Psychotherapy, Family Therapy, Milieu Therapy, Adjunctive Therapy

  **Nurse-Client Relations**
  
  **Effective Communication**

- *Successful Test-taking Tips for Windows: (Copyright 1998)*
  
  **Test-Taking Tips for Beginners:**
  
  **Successful Problem Solving and Test taking for Beginning Nursing Students, Version 1.1:**
  
  **Unit3: Communication questions:** Review of therapeutic communication techniques followed by questions on topic with rationales.

UNIT: Crisis Intervention

  
  **Unit 1: Treatment Models and Communication:** Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.
  
  (Conceptual Models-Biopsychosocial theories and Models, Medical, Psychoanalysis, Erikson’s Psychosocial Development, Maslow’s Basic Human Needs, Behavioral Therapy Model, Community Mental Health or Social Model
  
  Treatment Models: Crisis Intervention, Group Psychotherapy, Family Therapy, Milieu Therapy, Adjunctive Therapy

  **Nurse-Client Relations**
  
  **Effective Communication**

- *PDS Clinical Education Software: (Copyright 1997)*
  
  **PDS Clinical Education Software:**
  
  **Clinical Scenario Content Areas:**
UNIT: Anxiety Disorders

  Unit 2 Anxiety Disorders (Panic Attacks, OCD, Phobic Disorders, Post-Traumatic Stress Disorder, Somatoform Disorders, Anti-anxiety Agents): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.

- PDS Clinical Education Software: (Copyright 1997)
  PDS Clinical Education Software:
  Clinical Scenario Content Areas:
  Psychiatric Mental Health Nursing Concepts and Skills:
  Anxiety:
  Hannah Kahn: Generalized Anxiety Disorder Case Scenario
  Sally Kershel: Conversion Disorder Case Scenario
  David Whitehorn: OCD Case Scenario
  Anger, Hostility and Aggression:
  Mrs. Robertson: Post Concussion Syndrome Case Scenario
  Withdrawal and Aggression:
  Helen Anderson: Agoraphobia Case Scenario

- Nursing Care Plans, Edition 5: (Copyright 1997)
  Psychiatric Topics:
  Anxiety Disorders:
  GAD
  Panic Disorders/Phobias
  OCD
  Posttraumatic Stress Disorder
  Somatoform Disorders:
  Somatoform Disorders
  Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desires outcomes, actions and interventions with rationales, potential considerations.
• Pharmacoogy: (Copyright 1993-1994)
  Psychiatric Drugs:
  Unit 1: Antianxiety (Anxiolytics): Benzodiazepines,
  Serotonin Antagonists, Beta Blockers, Sedating
  Antihistamines, Sedative Hypnotics
  Unit 2: Antipsychotic Drugs

UNIT: Grief and Loss/Mood Disorders
  Unit 3: Schizophrenia, Mood Disorders, and Substance Abuse
  (Schizophrenia, Grief, Depression and Suicide, Manic
  Behavior- Bipolar, Substance Abuse- Alcohol, Opiates
  Barbiturates, Anti-Anxiety agents, Cocaine,
  Amphetamines, PCP, Hallucinogens): Brief review of topic and
  treatment followed by questions and rationales, concludes with a
  Simulation and Practice test which includes Practice Tips and
  rationales.

• PDS Clinical Education Software: (Copyright 1997)
  PDS Clinical Education Software:
  Clinical Scenario Content Areas:
  Psychiatric Mental Health Nursing Concepts and Skills:
  Depression and Elation:
  Adrian Knight: Attempted Suicide Case Scenario
  T.H. Brigum: Severe Manic State Case Scenario
  Maria Camilo: Cyclothymic Disorder Case
  Scenario
  Severe, Persistent Mental Disorders:
  Mrs. Helen White: Bipolar Disorder Case Scenario
  Withdrawal and Aggression:
  Brenda Green: Attempted Suicide Case Scenario

• Nursing Care Plans, Edition 5: (Copyright 1997)
  Psychiatric Topics:
  Mood Disorders:
  Major Depression/Dysthymic Disorders
  Bipolar Disorders
  Nursing care plans by medical diagnosis. Includes medical
  diagnosis definition, care, setting, related concerns; patient
  assessment database: by systems and teaching/learning,
  diagnostic studies, priorities, discharge goals; nursing
  diagnosis, with desires outcomes, actions and interventions
  with rationales, potential considerations.

• Pharmacoogy: (Copyright 1993-1994)
UNIT: Schizophrenia and Other Psychotic Disorders

  - *Unit 3: Schizophrenia, Mood Disorders, and Substance Abuse*
    - (Schizophrenia, Grief, Depression and Suicide, Manic Behavior- Bipolar, Substance Abuse- Alcohol, Opiates Barbiturates, Anti-Anxiety agents, Cocaine, Amphetamines, PCP, Hallucinogens): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.

- *PDS Clinical Education Software:* (Copyright 1997)
  - PDS Clinical Education Software:
    - Clinical Scenario Content Areas:
      - Psychiatric Mental Health Nursing Concepts and Skills:
        - Severe, Persistent Mental Disorders:
          - Tom Gerrighty: Chronic Schizophrenia Case Scenario
        - Crisis:
          - Johnny: Schizophrenic Case Scenario
        - Withdrawal and Aggression:
          - William March: Paranoid Schizophrenic Case Scenario

- *Nursing Care Plans, Edition 5:* (Copyright 1997)
  - Psychiatric Topics:
    - Schizophrenic and Other Psychotic Disorders:
      - Schizophrenia
      - Schizoaffective Disorder
      - Delusional Disorders
      - Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desires outcomes, actions and interventions with rationales, potential considerations.

- *Pharmacology:* (Copyright 1993-1994)
  - Psychiatric Drugs:
    - Unit 1: Antiparkinsonian Drugs: Anticholinergics,
• **Meds. Nursing, The Comprehensive Review of Psychiatric Nursing Series:** *(Copyright 1996)*

  **Unit 4: Organic Mental Disorders, Eating Disorders, Personality Disorders, Violence and Legal Issues**

  (Organic Mental Disorders- Delirium, Dementia, Eating Disorders, **Personality Disorders** *(Antisocial, Borderline Personality Disorder)*, Family Violence, Sexual Assault and Rape, Legal Aspects of Psychiatric Nursing): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.

• **PDS Clinical Education Software:** *(Copyright 1997)*

  **PDS Clinical Education Software:**

  Clinical Scenario Content Areas:

  *Psychiatric Mental Health Nursing Concepts and Skills: Anger, Hostility and Aggression:*

  **Terry Johnson: Antisocial Personality Disorder Case Scenario**

  **Severe, Persistent Mental Disorder:**

  **Jack Bellows: Schizotypal Personality Disorder Case Scenario**

  **Mistrust:**

  **Mr. Lovas: Paranoid Personality Disorder Case Scenario**

• **Nursing Care Plans, Edition 5:** *(Copyright 1997)*

  **Psychiatric Topics:**

  **Personality Disorders:**

  *Antisocial Personality Disorder*  
  *Borderline Personality Disorder*  
  *Passive-Aggressive Personality Disorder*

  **Adjustment Disorders:**

  *Adjustment Disorder*  

  **Dissociative Disorders:**

  *Dissociative Disorder*

  Nursing care plans by medical diagnosis, Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desires outcomes, actions and interventions with rationales, potential considerations.
UNIT: Substance Related Disorders

  
  **Unit 3: Schizophrenia, Mood Disorders, and Substance Abuse**
  (Schizophrenia, Grief, Depression and Suicide, Manic Behavior-Bipolar, **Substance Abuse- Alcohol, Opiates Barbiturates, Anti-Anxiety agents, Cocaine, Amphetamines, PCP, Hallucinogens**): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.

- *PDS Clinical Education Software:* (Copyright 1997)
  
  **PDS Clinical Education Software:**
  
  **Clinical Scenario Content Areas:**
  
  **Psychiatric Mental Health Nursing Concepts and Skills:**
  
  **Substance Abuse:**
  Delena Johnson: Cocaine Dependency Case Scenario
  Bill Martin: Alcoholic Case Scenario
  Christine Moore: Opiate Dependency Case Scenario

- *Nursing Care Plans, Edition 5:* (Copyright 1997)
  
  **Medical/Surgical Topics:**
  
  General:
  Alcohol- Acute Withdrawal
  Substance-Dependence/Abuse Rehab.
  
  **Psychiatric Topics:**
  
  **Substance Related Disorders:**
  Alcohol Related
  Stimulants
  Depressants
  Hallucinogens
  Substance Dependence/Abuse Rehab.
  Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desires outcomes, actions and interventions with rationales, potential considerations.

UNIT: Sexual and Gender Identity Disorders

- *Nursing Care Plans, Edition 5:* (Copyright 1997)
  
  **Psychiatric Topics:**
**Sexual Dysfunctions and Paraphilias:**

**Gender Identity Disorders**
Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desires outcomes, actions and interventions with rationales, potential considerations.

**UNIT: Cognitive Disorders**

  
  **Unit 4: Organic Mental Disorders, Eating Disorders, Personality Disorders, Violence and Legal Issues**
  
  *(Organic Mental Disorders- Delirium, Dementia)*, Eating Disorders, Personality Disorders (Antisocial, Borderline Personality Disorder, Family Violence, Sexual Assault and Rape, Legal Aspects of Psychiatric Nursing): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.

- **PDS Clinical Education Software: (Copyright 1997)**

  **PDS Clinical Education Software:**

  **Clinical Scenario Content Areas:**

  *Psychiatric Mental Health Nursing Concepts and Skills:*

  **Disorientation and Sensory Misperceptions:**

  Mrs.Jameson: Alzheimer’s Dementia Case Scenario

  **Lee Wong: Steroid Intoxification with Delirium Case Scenario**

  **Johnny Willis: AIDS Dementia Complex**

  **Mistrust:**

  Naomi Wallace: Dementia Case Scenario

- **Nursing Care Plans, Edition 5: (Copyright 1997)**

  **Psychiatric Topics:**

  *Dementia and Amnestic and Other Cognitive Disorders:*

  Dementia of Alzheimer’s Type/ Vascular Dementia

  Dementia due to HIV Positive Disease

  Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desires outcomes, actions and interventions with rationales, potential considerations.
UNIT: Infancy, Childhood, and Adolescent Disorders

  
  **Unit 4: Organic Mental Disorders, Eating Disorders, Personality Disorders, Violence and Legal Issues**

  (Organic Mental Disorders- Delirium, Dementia, Eating Disorders, Personality Disorders (Antisocial, Borderline Personality Disorder, Family Violence, Sexual Assault and Rape, Legal Aspects of Psychiatric Nursing): Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.

- *Nursing Care Plans, Edition 5: (Copyright 1997)*
  
  **Medical/ Surgical Topics :**

  **Metabolic and Endocrine Disorders:**
  - Anorexia Nervosa/ Bulimia Nervosa

  **Psychiatric Topics:**
  - Eating Disorders:
    - Anorexia Nervosa/ Bulimia

  **Psychiatric Topics:**
  - Childhood and Adolescent Disorders:
    - Pervasive Developmental Disorders
    - Attention Deficit /Hyperactivity Disorder (ADHD)
    - Conduct Disorder
    - Oppositional Defiant Disorder
    - Elimination Disorders-Enuresis/
      Encopresis

  Nursing care plans by medical diagnosis. Includes medical diagnosis definition, care, setting, related concerns; patient assessment database: by systems and teaching/learning, diagnostic studies, priorities, discharge goals; nursing diagnosis, with desires outcomes, actions and interventions with rationales, potential considerations.

UNIT: Human Abuse

  
  **Unit 4: Organic Mental Disorders, Eating Disorders, Personality Disorders, Violence and Legal Issues**

  (Organic Mental Disorders- Delirium, Dementia, Eating
Disorders, Personality Disorders (Antisocial, Borderline Personality Disorder, Family Violence, Sexual Assault and Rape, Legal Aspects of Psychiatric Nursing) : Brief review of topic and treatment followed by questions and rationales, concludes with a Simulation and Practice test which includes Practice Tips and rationales.

- **PDS Clinical Education Software: (Copyright 1997)**
  - PDS Clinical Education Software:
    - Clinical Scenario Content Areas:
      - Psychiatric Mental Health Nursing Concepts and Skills:
        - Anger, Hostility and Aggression:
        - Rose Iminez: Physical Abuse Case Scenario
      - Crisis:
        - Trudi Rosemont: Rape Trauma Syndrome Case Scenario

- **Nursing Care Plans, Edition 5: (Copyright 1997)**
  - Psychiatric Topics:
    - Other Conditions that may be Focus of Clinical Attention:
      - Problems Relating to Abuse or Neglect