

Enhancing Professional Development: These sessions feature opportunities for professional growth and development in a variety of areas including but not limited to supervision, communications, team effectiveness and presentation skills. These workshops are short and serve as a valuable introduction to new areas or as opportunities to showcase successful practices.

Session A, 10:00 – 11:00 a.m.

Are you, as an MDC staff person, in the right career?

Room: 4202

Presented by: Ivonne Danger, Director, Wolfson

Choosing a major is one of the biggest decisions you make in life. It determines many of the courses you take in college, much of what you learn, many of the people with whom you interact, and often your future career. This presentation will help you assess if you are in the right career and how you can make a positive impact on others. The Personality Spectrum and Self-Portrait will be part of this presentation.

Boosting Effectiveness Through Teamwork

Room: 2108

Presented by: Sharon Thomas, Faculty, Kendall

This fast-paced workshop introduces the concept of "appreciative teambuilding," a strategy for creating a climate for great collaboration. In addition, participants will examine seven factors critical to job-related team effectiveness. The interactive nature of this workshop will allow participants to practice as they learn.

Enhancing Personal Productivity

Room: 2144

Presented by: Nancy Krauss, Consultant

During this interactive workshop, you will identify energy wasters that reduce workplace effectiveness and learn ways to cope with challenges and workplace stress so that you bring the best of yourself to work.

FISH! Philosophy: Tackle the Challenges, Catch the Energy, Release the Potential!

Room: 6252

Presented by: Sandy Gmazel, Consultant

You won't want to miss this FISH!ing boat! Join Sandy Gmazel of Monarch Motivations, your FISH!ing guide, to view the world famous fishmongers of Seattle's Pike Place Market having great fun while living and working the FISH! Philosophy. The FISH! Philosophy uses four easy-to-remember points to produce compelling change. See how FISH!'s ingeniously simple lessons can change your work and workplace. FISH! is your FISH!ing license to have fun, boost morale and build teamwork. An interactive exercise allows you to learn and share FISH! with others and take FISH!ing tackle with you.

Enhancing Professional Development, Session A, 10:00 – 11:00 a.m.

Heritage Language Development in College Developmental Education

Room: 6348

Presented by: Yuanzhong Zhang, Faculty, North

This session focuses on a funded study on heritage language development in college developmental education in the United States. Heritage language is commonly regarded as any non-English language including immigrant, indigenous, and colonial languages. This study explores beliefs, perceptions, and practices adopted by educators working with college developmental students enrolled in reading, writing, math or ESL programs.

How to Become a Successful Consultant

Room: 9116

Presented by: Donna Ignatavicius, Consultant

Donna Ignatavicius, MS, RN, Cm, will share her experiences and give hints on how to develop a successful consulting practice. Ms. Ignatavicius is nationally known in the nursing field and has worked as an educator and an administrator. She is currently the president of DI Associates, Inc., a health care consulting firm.

Improving Your Interviewing Skills

Room: 9216

Presented by: Ana Romero, EDQE, District

An overall review on interviewing skills - how to conduct a successful interview - how to be properly prepared in order to comfortably handle any challenges that may come your way, and be able to handle the interview with confidence. Viewing the interview process from the standpoint of the interviewer - what are they looking for and how do I fit their needs?

Improv for Business

Room: 6103

Presented by: David Suarez, Video Producer, Kendall

This workshop is designed to help managers and employees improve leadership, communication and teambuilding skills through improvisation. Learn how to improve your presentation and public speaking skills by tackling real life business situations with more confidence through improvisation!

Journal Writing and Creativity

Room: 6251

Presented by: Joan Mazza, M.S. LMHC

Participants will explore the many styles of keeping a personal journal, how to use the journal as a starting place for creativity, and how to use journal entries to express one's self and find one's voice. There will be journal prompts offered. Participants should bring a notebook.

Enhancing Professional Development, Session A, 10:00 – 11:00 a.m.

Motivation: Dream It. Walk It. Believe It.

Room: 2114

Presented by: Kevin Pokorny, Consultant

Do you ever look at self-motivated individuals and wonder...how do they do it? Where does this drive come from? What secret do these individuals have that others do not? Where does their passion and internal fire come from? During this workshop participants will find out what they want and why, dream it, how to make a plan and execute it, walk it, and the role faith in yourself plays in accomplishing your goals, believe it.

Peru- MDC Collaborated with Rotary to Sow the Seeds of Educational Love in Peru

Room: 9220

Presented by: Geraldine Walker-Perry, Faculty, Homestead

In this session participants will see a PowerPoint presentation on activities done in the Centro de Idiomas, Lima, Peru. Geraldine Walker-Perry spent 5 months on an Ambassadorial Rotary University Teachers Grant Scholarship. In this session, she will share some of the cultural splendors of South America including details of her trip to Macchu Pichu. This presentation promises to be educational, colorful and interesting.

Power of Pride

Room: 6241

Presented by: Robert Preziosi, Consultant

Pride is the fuel that ignites a workforce and keeps the fires of success burning. But where does it come from? How is it used? These questions and others will be answered in this fast paced, highly interactive session.

Principles of Working Together Fairly and Legally

Room: 4101

Presented by: Meredith Hanlon, Consultant

Employees have a key role in building a productive and legal work environment. Inappropriate behavior disrupts the workplace and causes unnecessary risks. In this workshop participants will learn about employment law and their right to a workplace free of discrimination and harassment. Participants will also learn about the legal, professional and personal aspects of discrimination and given guidelines for legal and appropriate workplace behavior.

Relax....Learn How to Manage Stress

Room: 9204

Presented by: Charles Beavin, Faculty, North

Review and PRACTICE several effective ways to deal with stress in this experiential program. More is better! Not more stress, but more techniques to deal with the stress we experience in our bodies, in our work, in our thinking, and in our personal lives.

Enhancing Professional Development, Session A, 10:00 – 11:00 a.m.

Sexual Harassment: It's Wrong and It's Against the Law

Room: 9207

Presented by: Clive Bridges, Asst. to Director of Employee Relations/Equal Opportunity Programs, District

This session will provide attendees with an excellent opportunity to receive valuable information on the controversial subject of sexual harassment in the workplace. It is imperative that each of us understand the Federal laws that govern this issue. Attendees will leave this session with a clear understanding of behaviors that constitute sexual harassment and will know what to do if sexual harassment occurs in their work environment.

Strategically Speaking: How to Present Your Ideas & Yourself

Room: 4205

Presented by: Anne Freedman, Consultant

This session provides practical, easy-to-use techniques for becoming more effective when communicating to groups and one-on-one...no matter what your experience level.
